

## 6-Document Your Experiences:

Maintain a journal or capture photographs throughout your journey as an Erasmus student. This practice serves not only as cherished memories but also provides stuff that you can share with friends and family when you get back home. I personally also kept a "Jar of Memories" which is a jar or cup where you put small items such as tickets, recipes, stickers, pins, etc until it gets full, after the jar gets full you empty it and see all the memories you have put in it.

## 7- Use the European student Card

Every European student can register for an ISIC student card, that card will prove to anyone that you're indeed a European student and can also be used as identification in case of emergency, but most people use the ISIC card to get discounts in a lot of different places such as restaurants, public transportation, museums and other forms of entertainment. I used my ISIC a lot during my stay in Prague as an Erasmus student.

## 8-Travel for cheap!!

If you want to travel cheaply during your stay I advise you to travel by flix bus and always pay attention to last-hour airplane and train tickets, sometimes you can get very cheap tickets to a lot of different places.

## 9-Final thoughts

Your time during the Erasmus+ program is probably going to be some of the best months of your life, I speak from personal experience when I say that. Don't be afraid to experience the culture, and gastronomy and grow as an independent person for the next step of your professional and personal life.



**Erasmus+**  
Enriching lives, opening minds.

# Erasmus+ Guide



A quick guide of tips and experiences made by a Erasmus+ student for future Erasmus+ students

Here you can find some tips and experiences of what to expect if you are thinking about applying for the Erasmus+ programme, or you already applied.



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## 1- Research the culture and language of the country you're going to:

Try to learn small expressions of the native language and research cultural traits from the country you're in. Those things will help you to understand the people that surround you, and the locals will usually be more friendly towards you.

## 2- Don't be afraid to explore!!

When you're in a new city for the first time it's very easy to be overwhelmed with all of the tourist attractions, museums, and cool places to explore so I advise you to do a list of stuff you would like to see before you get there.



## 3-Money

Some countries of the UE still use their currency so be careful when you exchange your money for the local currency. Make sure to check the value of exchange on the internet and try to find the best place to exchange your money. If you decide to withdraw some cash instead of exchange it be careful, some ATMs charge you a fee to withdraw cash. To avoid this look for ATMs from national banks in the country you're in, usually, they'll ask you if you want to convert your money, and if you deny the conversion, you'll get your cash with no fees.

## 4-Balance Academics with Social Activities:

While it is important to enjoy this unique opportunity, remember that you still have all of your academic responsibilities so always be responsible. I know how much you probably want to go explore all of the new places in whatever country of the UE you



are believe me, but you can't forget one of the main points of the Erasmus program e to study or take part in an internship in a new country.

## 5-Participate in Erasmus Events:

During your time as an Erasmus student, you may be invited to some type of party or event with other Erasmus Students, in this events you can meet people from a lot of different places and backgrounds, and there are also a lot of Erasmus groups on social media where you join the group of the city you're in and there's always parties and events with other Erasmus students.

